

# Dancing in the Heart

Circle Dance with Brian Steere

including *Live Music & Song*

**Norwich - The White House** Fortnightly - irregular days: 7.30-9.45pm. £5

*For dancing at the White House, bring soft indoor shoes, or dance barefoot.*

• **Mon Oct 24** • **Mon Nov 7** • **Thu Nov 24** • **Tue Dec 6**

Extended from 4 or 5 (tbc) (Kate's Birthday) **Thu Dec 22** (bring + share meal)

**Hempton Memorial Hall, Nr Fakenham**

**3rd December 2.30-5pm**

**Sheringham. Friends Meeting Hall** Friday 2:30 pm to 4:30 pm. £5.

**Nov 11 • Dec 9**

*I run on the 2nd Friday in each month. Jane Maclean runs the 4th Friday in each month.*

*"at Home in the Dance"*

We are offering an optional extra 'at Home' option around Barbara's Day ★ above: Sat eve & Sunday

**16 Oct** (Day) • **New Year's Eve** (weekend 31 Dec & 1 Jan)

In our new Dance room at **Wells-next-the-Sea**. *Contact us : limited places*

**Brian Steere. 84 Northfield Crescent. Wells-next-the-Sea. NR23 1LR**

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**www.livingcircle.net**

*Life knows itself by Expression - Music felt in the heart - embodied in dance.*

*Dancing : one understands without a word.*

*A simple willingness to join, is the step from which the next step comes.*