

# Dancing in the Heart

Circle Dance with Brian Steere incl. *Live Music & Song*

**The White House, Norwich** Fortnightly - irregular days: 7.30 - 9.45pm. £5.

Thurs 8 April. Mon 19 April.

**Mon 3 May - EXTENDED : 5 til 9.45 pm with shared Supper.**

Mon 17 May. Thurs 3 June. Mon 14 June. Thurs 1 July.

*For dancing at the White House, bring soft indoor shoes, or dance barefoot.*

**Aylsham. Friends Meeting Hall** Friday 2:30 pm to 4:45 pm. £5.

***New group for beginners, using simpler and meditation dances.***

*On the 3rd Friday in each month. 16 Apr. 21 May. 18 June. 16 July*

**Hempton Memorial Hall, Fakenham** Monthly. Saturday: 2.30 - 5pm. £5.

**27 Mar • \*15 May • 5 June • 3 July**

**Sheringham. Friends Meeting Hall** Friday 2:30 pm to 4:30 pm. £5.

**9 Apr • 14 May • 11 Jun • 9 July**

*I run the 2nd Friday in each month.*

*Jane Maclean runs the 4th Friday in each month.*

For more details of my own and other **circle or folk dance groups or events** in Norfolk as well as new events or updates see [www.livingcircle.net](http://www.livingcircle.net) where you can also find lyrics, translations for the songs we dance to; articles, music, writings and related links.

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***www.livingcircle.net***

*Life knows itself by Expression - Music felt in the heart - embodied in dance.*

*Dancing : one understands without a word.*

*A simple willingness to join, is the step from which the next step comes.*