

# At Home in the Dance

*with Brian and Cathi*

- ✿ We have extended our home with an oak floored dance room that can hold around a dozen dancers in an intimate and beautiful space. **Places are therefore limited and booking essential.** No fixed fees, but proportionate donations of support are welcome.
- ✿ On every occasion where we have opened our home for dance - we have shared very warm, joyful gatherings with a heartfelt ease, in an informal and beautiful setting. Much of our dancing is with live music and song but we also use recordings. Bring and share food (or contribution) and we have some dorm space for staying over, (Plus other local options).
- ✿ To be at home in the dance is to grow a belonging in a shared sense of life. We are grateful for the cultures from which we draw dance and inspiration - and express our gratitude in a willingness for a renewal of cultural expression for our own time and place.
- ✿ Cultural renewal lives out from a heartfelt willingness to see the world anew - rather than the attempt to change the world or each other. Joining in music and dance gently opens trust and renewal to a wordless - but heartfelt - quality of being that we are naturally drawn to live out from. This is the movement - or dance - of our own intimacy and inclusion in life - an at-home-ness or belonging that is at rest in extending wholeness, as a shared sense of life.

## Dates for 2011

Arrive from 10.30 am for 11 start. Dance til 5pm.

Optional Evening Dance after shared meal if there is willingness and support to do so. Let us know if you want the evening option. You can stay over.

**17 Sept (Day)**

**16 Oct (Day) *Brian's Birthday Dances***

**New Year's Eve and New Year's Day (Weekend).**

Sat & Sun. (with part time options if spaces are available).



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*Soft indoor shoes, or dance barefoot for our dance room!*